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**Resource Centers and Lending Libraries**  
Erie Early Childhood Cntr.  
Merrill School  
Northside School  
Prophetstown Elementary  
Tampico Elementary  
Wallace Education Center

**Administered By**  
Whiteside County Regional  
Superintendent's Office

**Funded By**  
State Board of Education  
Erie Dist. #1  
Prophetstown Dist. #3  
Sterling Dist. #5  
Morrison Dist. #6  
East Coloma Dist. #12  
Rock Falls Dist. #13  
Riverdale Dist. #14  
Montmorency Dist. #145

## Whiteside County

# PARENTS AS TEACHERS

1001 West 23rd Street  
Sterling, IL 61081

Office Phone 625-1495  
Library Warm Line 625-6331

A Whiteside County Regional Office of Education Publication

April 2006

### Program Evaluation

The Illinois State Board of Education requires that we evaluate the Whiteside County Parents As Teachers program each year. This information helps us plan next year's program and acquire the necessary funding.

Enrolled families should receive program evaluation forms from their parent educator. If you have not yet done so, please complete the forms and return them to her. Thank you for your help in gathering this information.

### Preschool Programs

All Whiteside County school districts have preschool programs funded by the Illinois State Board of Education's Early Childhood Block Grant. These prekindergarten programs are available free of charge to those who qualify. If you would like your child to be considered for placement in a class next fall, please call your local school for enrollment information.



### Kindergarten Pre-registration

If you have a child who will be 5 years old on or before September 1, 2006, please contact your local school about pre-registering him/her for kindergarten. This allows the district to plan ahead for classes and make sure your child gets off to a great start in their first year of school.

### Spring Cleaning with Safety in Mind

Spring cleaning season is approaching. Before starting to clear out cupboards, closets, basements, and garages, think about the potential poisoning hazards that could cause serious harm - even death - for a family member, neighbor, or pet.

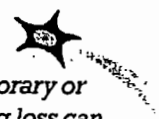
To protect children, adults, and pets from an accidental poisoning exposure during your spring clean-up, follow these tips:

- When using cleaning products, always read the product label first and use the product according to the label directions.
- Keep all cleaning products in their original containers with original labels.
- Store cleaning products out of sight, in locked cabinets.
- Never leave a cleaning product open and unattended.
- When using leaning products, work in well-ventilated areas.
- Never mix chemicals.
- Dispose of cleaning products according to the instructions on the label or at your community chemical waste drop-off site.

These poison safety tips also apply when cleaning garages and basements, common storage areas for many potential hazards, such as bug spray, weed killers, gasoline, oil, paint, and other supplies.

Source - Poison Prevention  
A Newsletter of the Illinois Poison Center

# Do You Hear What I Hear?



*Young children use all their senses—especially hearing—to explore their world. Temporary or permanent hearing loss may follow frequent ear infections, injuries, or disease. Hearing loss can slow language development and lead to other learning problems. In Illinois, the law requires all hospitals to test hearing in newborns. All preschools and licensed child care centers are required to screen children 3 years old or older every year. Parents and teachers also play an important role in identifying children who may need further screening.*

## ★ What are the signs of normal hearing development?

- By 3 months, an infant responds to a parent's voice by becoming more alert. A 6-month-old turns toward a sound.
- At 12 months, a baby begins to imitate sounds and may say a few words, such as "mama" or "bye."
- Around 2 years, a toddler understands action words, such as "run," and can follow simple spoken directions.

Ask your health care provider for a hearing checklist or obtain free information by calling the American Speech-Language-Hearing Association at 1-800-638-8255.

## ★ What are some common signs of hearing loss?

- A child with hearing loss may seem inattentive or resistant.
- He may misunderstand words or seem to hear some sounds but not others.
- She may turn a television or radio at a louder level than family or friends prefer.
- She may not seem to remember well or may not speak clearly.

## ★ What should I do if I suspect a child has hearing loss?

Ask the nurse consultant available through your child care program or your child's health care provider if screening by a trained professional might be needed.

## ★ How important is treatment?

Early treatment can make a lifelong difference. Research shows that children born with hearing loss usually can begin school with normal language and learning skills if appropriate care is begun by 6 months of age. Treatment can include finding the underlying cause; making environmental changes; and providing training, exercises, hearing aids, or surgery. Treat any hearing loss quickly to avoid hearing-related learning and social problems.

## ★ For references and related Web resources, see "Do You Hear What I Hear?" at <http://illinoisearlylearning.org/tips.htm>.

*The opinions, resources, and referrals provided in this Tip Sheet are intended for information purposes only and should not be considered or used as a substitute for medical advice, diagnosis, or treatment. We advise parents to seek the advice of a physician or other qualified health care provider with questions regarding their child's health or medical conditions.*



29 Children's Research Center  
81 Gerty Dr. • Champaign, IL 61820-7469  
Telephone: 217-333-1388 • Fax: 217-244-7732  
Toll-free: 877-275-3227 (Voice/TTY)  
Email: [iel@uiuc.edu](mailto:iel@uiuc.edu)  
Internet: <http://illinoisearlylearning.org>

Illinois State Board of Education

For more tip sheets on other topics, please go to <http://illinoisearlylearning.org>

1/06

# ¿Oyes tú lo que oigo yo?



*Los niños pequeños se valen de todos los sentidos—especialmente el oído—para explorar su mundo. Una pérdida temporal o permanente de la audición puede seguir a infecciones frecuentes de oído, lesiones o enfermedades. La disminución auditiva puede retrasar el desarrollo del lenguaje y resultar en otros problemas de aprendizaje. La ley de Illinois requiere que todos los hospitales hagan análisis del oído a los recién nacidos. Se requiere también que todos los centros preescolares y centros de cuidado infantil con licencia, examinen cada año a los niños de 3 años y mayores. Los padres, madres y maestros también tienen un papel importante en la identificación de los niños que necesitan exámenes.*

## ★ ¿Cuáles son los indicios del desarrollo normal del oído?

- Para los 3 meses de edad, un bebé responde a la voz de su padre o madre al ponerse más alerta. Un niño de 6 meses se vuelve hacia un sonido.
- A los 12 meses, un bebé empieza a imitar sonidos y tal vez hasta diga algunas palabras como “mamá” y “adiós”.
- A los 2 años, más o menos, un niño entiende palabras de acciones, como “corre”, y puede seguir simples instrucciones orales.

Pida a su proveedor de cuidados médicos una lista de comprobación acerca del oído u obtenga información gratuitamente llamando a la American Speech-Language-Hearing Association (Asociación Americana del Habla, el Lenguaje y el Oído) al 1-800-638-8255.

## ★ ¿Cuáles son algunos indicios comunes de una disminución auditiva?

- Si un niño tiene alguna disminución auditiva, podría parecer que no pone atención o que se resiste a escuchar.
- Puede que el niño malinterprete las palabras o que oiga algunos sonidos pero no otros.
- El niño puede poner el sonido del televisor o la radio más fuerte de lo que prefieren los miembros de su familia o los amigos.
- Puede parecer que el niño no recuerda las cosas muy bien, o que no habla muy claramente.

## ★ ¿Qué hago si sospecho que un niño tiene una disminución auditiva?

Pregunte a la enfermera consultora del programa de cuidado de su hijo, o al proveedor de cuidados médicos de su hijo, si pudiera ser necesario un análisis realizado por un profesional capacitado.

## ★ ¿Es muy importante el tratamiento?

El tratamiento oportuno puede ser provechoso para toda la vida. La investigación muestra que los niños que nacen con la audición disminuida, usualmente pueden tener las habilidades normales de lenguaje y de aprendizaje al entrar a la escuela si reciben el cuidado apropiado para los 6 meses de edad. El tratamiento puede incluir el discernir la causa del problema; hacer cambios en el ambiente; y ofrecer capacitación, ejercicios, audífonos o una intervención quirúrgica. Trate toda disminución auditiva rápidamente para evitar los problemas sociales y de aprendizaje relacionados con el oído.

*Las opiniones, recursos y referencias ofrecidos en esta Página de Consejos se presentan únicamente con el propósito de informar. Nada en esta Página de Consejos debe considerarse ni utilizarse como sustituto del consejo médico, el diagnóstico o el tratamiento. Aconsejamos que los padres busquen el consejo de un médico u otro proveedor calificado de atención médica respecto a preguntas sobre la salud o las condiciones médicas de su hijo.*

### English Title: Do You Hear What I Hear?



29 Children's Research Center  
81 Gerty Dr. • Champaign, IL 61820-7469  
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Illinois State Board of Education

Para más páginas de consejos acerca de otros temas, favor de visitar el: <http://illinoisearlylearning.org>

## 50 Ways Family Members Can Say "I Love You"

Say, "I trust you."

Meet eyes when you speak.

Say "please" with your requests.

Say "thank you."

Speak kindly to your child.

Cheer proudly for your kid.

Keep confidence.

Discipline in private.

Let your "no" mean no.

Let your "yes" mean yes.

Ask, "Do you want to talk?"

Listen. Listen. Listen.

Be ready to be there.

Make free time.

Allow mistakes.

Laugh out loud.

Ask, "How can I help you?"

Give and respect privacy.

Welcome your child's friends.

Say, "I'm proud of you."

Set boundaries.

Give clear expectations.

Set attainable goals.

Say, "I'm sorry,"

and ask forgiveness when wrong.

Tell the truth.

Say, "I don't know" when you don't.

Smile.

Ask, "How do you feel about . . .?"

Be home when they are home.

Give freedom.

Create rules together.

State limits and consequences clearly.

Implement consequences consistently.

Acknowledge feelings.

Ask for ideas and suggestions.

Celebrate success.

Laugh when you are happy.

Cry when you are sad.

Explain why you are angry.

Accept responsibility.

Use a soft voice.

Hug often.

Catch your child being good.

Make "I love you"

the last thing you say every night.

Say, "Good morning!" cheerfully every morning.

Stop what you are doing and listen.

Accept no excuses, bargaining, or whining.

Wish your child a "great day"

when off to school.

Keep your promises.

Say "I love you."

Adapted with permission from National Family Month, KidsPeace. [www.familymonth.net](http://www.familymonth.net). [www.KidsPeace.org](http://www.KidsPeace.org)



Safe Children and Healthy Families Are a Shared Responsibility  
<http://nccanch.acf.hhs.gov/topics/prevention/index.cfm>

## 50 maneras que los miembros de la familia pueden decir "Te quiero"

- Diga, "Confío en ti."
- Mire a los ojos cuando hable.
- Diga "por favor" con sus peticiones.
- Diga "gracias."
- Hable amablemente con sus hijos.
- Aclame orgullosamente a su hijo.
- Mantenga confianza.
- Discipline en privado.
- Haga que "No" sea realmente No.
- Haga que "Sí" sea realmente Sí.
- Pregunte, "¿Deseas conversar?"
- Escuche, Escuche, Escuche.
- Este preparado para estar presente.
- Separe tiempo libre.
- Permita errores.
- Ríase a carcajadas.
- Pregunte, "¿Cómo puedo ayudarte?"
- Ofrezca y respete la privacidad.
- De la bienvenida a los amigos de sus hijos.
- Diga, "Estoy orgulloso de ti."
- Establezca límites.
- Ofrezca expectativas claras.
- Fije metas obtenibles.
- Diga, "Lo siento" y pida disculpas cuando esté equivocado.
- Diga la verdad.
- Diga, "No lo sé", cuando no lo sepa.
- Sonría.
- Pregunte, "¿Cómo te sientes acerca de...?"
- Este en casa cuando ellos estén en casa.
- De libertad.
- Creen reglas juntos.
- Establezca límites y consecuencias claramente.
- Implemente las consecuencias consistentemente.
- Reconozca los sentimientos.
- Pida ideas y sugerencias.
- Celebre el éxito.
- Ría cuando este feliz.
- Llore cuando este triste.
- Explique porque está molesto.
- Acepte la responsabilidad.
- Use una voz suave.
- Abrace frecuentemente.
- Sorprenda a su hijo siendo bueno.
- Haga que "Te amo" sea la última cosa dicha cada noche.
- Diga, "¡Buenos días!" alegremente cada mañana.
- Pare de hacer lo que está haciendo y escuche.
- No acepte excusas, regateos o lloriqueos.
- Deséele un "buen día" a su hijo cuando salga a la escuela.
- Mantenga sus promesas.
- Diga "Te amo."

Adeptado con permiso de National Family Month, KidsPeace. [www.familymonth.net](http://www.familymonth.net). [www.KidsPeace.org](http://www.KidsPeace.org)



# April Parent and Child Activities For All Parents As Teachers and Pre-kindergarten Families

## Performing Arts Night

**Date:** Thursday, April 6  
**Time:** 6:00 - 7:00 p.m.  
**Place:** Erie Early Childhood Annex

We have invited a variety of musical and other performing artists to demonstrate and teach their skills. Bring the family for an enjoyable evening.

Hosted by Kathy Wolf and Erie Prekindergarten



## Spring Time

**Date:** Friday, April 7  
**Time:** 9 - 10 a.m.  
**Place:** Tampico Elementary  
Prekindergarten Room

When will it be spring? Many changes must take place before it is here. Explore a variety of activities with your child to find out what some of them are.

Hosted by Laura McCullough and the Tampico Prekindergarten Program

## En Caso de Emergencia

**Fecha:** 10 de abril - el lunes  
**Hora:** 1:00 - 2:00 por la tarde  
**Lugar:** La Cruz Roja (Red Cross)  
112 West 2nd Street, Rock Falls

¿Sabe usted que hará en caso de emergencia si su niño ahogaría o no puede respirar? Si tiene cualquiera duda debe asistir esta reunión del grupo. Demostrarán los métodos de salvar la vida de su niño usando modelos y ustedes pueden practicar también. Espero de vea todos.

Anfitrionas: Devorah Jacobs

## Lapsit: Rain

**Date:** Thursday, April 13  
**Time:** 10:00 - 10:30 a.m.  
**Place:** Rock Falls Public Library  
1007 Seventh Avenue

Lapsit is a playtime designed especially for parents and children ages 1 - 3. You and your toddler will enjoy songs, finger plays, a simple activity, and time to share books.

Sponsored by the Rock Falls Public Library.

## Parent Workshop Child Safety

**Date:** Tuesday, April 18  
**Time:** 6 - 7 p.m.  
**Place:** Northside School Lunchroom  
Morrison

Keeping your children safe can be a tough job. Deputy Sheriff Andy Henson will be here to discuss car seats, stranger danger, and other safety issues. Childcare will be provided.

**To reserve a spot for you and your child, call Northside School at 815/772-2153 by April 7.**

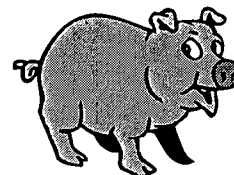
Hosted by Laura McCullough and the Morrison Prekindergarten Program

## Pig Pancake Party

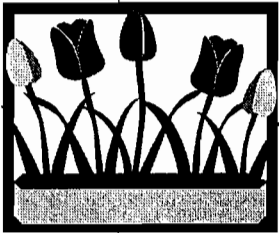

**Date:** Monday, April 24  
**Time:** 9:00 - 10:00 a.m.  
**Place:** Merrill Elementary School Room 4  
Rock Falls

Please join us for a story, fingerplays, crafts, and pancakes! Come hungry.

Hosted by Mary Etnyre, Linda Berentes, Sandy Davis, and Sue Austin



# April Toy Lending Library Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Merrill Library 9:00-11:00 a.m.	5	6	7 Wallace Library 9:00-10:00 a.m.  Wallace Gym 10:00-11:00 a.m.	8
9	10	11 LIBRARY CLOSED SPRING BREAK	12	13	14 LIBRARY CLOSED SPRING BREAK	15
16 	17	18 Merrill Library 9:00-11:00 a.m.	19	20	21 Wallace Library 9:00-10:00 a.m.  Wallace Gym 10:00-11:00 a.m.	22
23	24	25 Merrill Library 9:00-11:00 a.m.	26	27	28 Wallace Library 9:00-10:00 a.m.  Wallace Gym 10:00-11:00 a.m.	29
30						

## **Enrolling Now For Fall**



Do you know a family who would like to be a part of Parents As Teachers? If so, this month is a good time to tell them about the program. Each year we have families leave our program because their youngest child is entering kindergarten in the fall. You may refer a family through your parent educator or by calling Pat at 625-1495.

Gary J. Steinert  
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Whiteside County ROE  
1001 West 23rd Street  
Sterling IL 61081

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Helping Parents Feel Good About Being Parents